



# WE'RE HERE FOR YOU

## YOUR EMPLOYEE ASSISTANCE PROGRAM

offerings.

To access the site: Navigate to Lifeservices EAP website:  
<https://myassistanceprogram.com/lifeservices>

- In the right hand corner, click on "Member Portal & App"
- A new page will open and one of the options is to "Create a new account with your company code" – click Sign Up
- Enter our company code: LS0210 and click on NEXT
- Enter an email address and then you will need to create a username.
- A five digit code will be sent from LifeServices to the email address you provided that will need to be entered for account verification.
- You will then be prompted to create a password.
- Once established, you will be able to log-in to the application and access all



## WE HELP WITH EVERYDAY LIFE STRUGGLES SUCH AS:

- Family Conflict
- Couples/Relationships
- Substance Abuse
- Anxiety
- Depression
- Household Errands
- Adoption/Elder Care/Child Care
- Wellness
- Divorce/Custody
- Budgeting
- Estate Planning
- Bankruptcy
- *Any other life challenge you may face*

## OUR SOLUTIONS INCLUDE:

- Face-to-Face Chat, Video, & Phone Access
- Mental Health Counseling
- Work/Life Resources
- Legal/Financial Resources
- Medical Advocacy
- Life/Wellness Coaching
- Personal Assistant
- **Member Portal & APP** (personalized content, articles, webinars, health & lifestyle assessments, shopping discounts and more)

## MEMBER PORTAL & APP:

Gives you access to thousands of up-to-date, topic-related articles, videos, podcasts, self-assessments, calculators, and webinars.

### CONTENT RELATED TO:

- Family & Education
- Health & Wellness
- Financial & Legal
- Career
- Everyday Living
- More.....

To create an account or login visit [LifeServicesEap.com](https://LifeServicesEap.com) and click on member portal & app

## WHO CAN ACCESS THESE SERVICES?

- All eligible employees
- Spouse/partner
- Dependents
- Household members
- Parents/parents-in-law

This service is always available, confidential & at no cost to you. Your participation is voluntary.

CALL 24/7/365:

**LIFESERVICES** EAP  
An AllOne Health Company

**800-822-4847**

## CREATE YOUR ACCOUNT:

Creating a new account is free and easy! Call for your Company/Access Code.

