

Healthier employees, lower costs

See the power of Aetna Dental/Medical IntegrationSM



Good dental care can lead to better overall health.*

Dental problems cause pain and lost work time — and can lead to serious health problems.

That's where the **Aetna Dental/Medical Integration** program comes in. It combines our dental and medical data to improve the health of your employees and your business.

Our 3-step solution to a costly problem

- 1 **Identify** at-risk employees
- 2 **Engage** them in outreach and education
- 3 **Deliver** cost savings to you



Ignoring dental health causes chronic disease, which costs employers billions each year:



\$1.1T
in heart disease costs by 2035*



\$413B
in diabetes costs in the U.S. in 2022*

*FOR DENTAL CARE LEADS TO BETTER HEALTH: Ongoing, statistically valid analysis of Aetna Dental/Medical IntegrationSM program customers.

*FOR HEART DISEASE COSTS: ScienceDaily. Cardiovascular disease costs will exceed \$1 trillion by 2035. February 14, 2017. Available at: [ScienceDaily.com/releases/2017/02/170214162750.htm](https://www.sciencedaily.com/releases/2017/02/170214162750.htm). Accessed May 28, 2021.

*FOR DIABETES COSTS: Center for Disease Control. The cost of diabetes. Available at: [CDC.gov/diabetes/communication-resources/413-billion-diabetes-costs.html#:~:text=What%20to%20know,wages%20in%20the%20United%20States](https://www.cdc.gov/diabetes/communication-resources/413-billion-diabetes-costs.html#:~:text=What%20to%20know,wages%20in%20the%20United%20States). Accessed May 15, 2024.

Aetna Dental/Medical IntegrationSM drives measurable results

Here's how it impacts health and costs — for the better:



Lower Costs

- ✓ **26% decrease***
in condition-specific
medical costs in 3 years



Fewer medical emergencies

- ✓ **28% decrease***
in inpatient visits
- ✓ **26% decrease***
in ER visits



More preventive care

- ⊕ **23% more*** more PCP visits
- ⊕ **31% more*** wellness visits
- ⬆ **10% increase*** in
preventive dental care



Our commitment to **improve health**
and **reduce medical costs**:

Three-year savings guarantee on average total annual medical costs

for continuously enrolled members with Type 2 diabetes and/or cardiovascular disease who regularly utilize dental services during the three-year-contract period.

Engagement

30% engagement

or

10% improvement
over the prior plan year.



For eligibility requirements and more info
about Aetna Dental/Medical Integration,
just **contact your Aetna® rep.**

*FOR LOWER COSTS, FEWER MEDICAL EMERGENCIES & MORE PREVENTIVE CARE STATISTICS: Ongoing, statistically valid analysis of Aetna Dental/Medical Integration program members. Aetna® data.

Dental policies and plans are insured and/or administered by Aetna Life Insurance Company (Aetna).

Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Plan features and availability may vary by location and are subject to change.

Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice.

Refer to **Aetna.com** for more information about Aetna® plans.

In Texas, the Preferred Provider Organization (PPO) insurance plan is known as the Participating Dental Network (PDN).

[Aetna.com](https://www.aetna.com)

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